

Cooinda  
On The  
Beach

# Beachfront Retreat: Treat Yourself at Cooinda on the Beach



Looking for luxury accommodation in Bicheno? At Cooinda on the Beach, your well-designed holiday home on Waubs Bay offers more than just a place to stay.

You will find one of the most memorable luxury stays on the East Coast of Tasmania. Cooinda has a private sauna, great views, and wellness services. It is the perfect spot for a romantic getaway, a wellness weekend, or just a place to relax by the sea.

Here's how to indulge and relax at Cooinda.

### **Relax in Your Private Sauna**

The star attraction is Cooinda's private sauna. After a day in Tasmania, you can relax. You might have explored parks, walked on beaches, or enjoyed a local wine trail. Now, come into your warm space. Let the stress fade away.

- Perfect for a wellness retreat in Tasmania.
- Couples love it for a romantic getaway with a sauna.
- Adventurous guests can combine it with a swim at Waubs Bay or Redbill for a natural cold plunging reset.

Unlike shared spa spaces, this is private sauna accommodation — exclusively for you and your group.

What to Bring: Herbal tea, or Tasmanian sparkling wine to enjoy afterwards.

### **A Day at the Beach**

Cooinda is a true beachfront retreat with a sauna — step off your deck and follow the private track to Waubs Bay, a safe swimming beach with the feel of a private beach. For surf lovers, Redbill Surf Beach is only 500 metres to the left.

#### **We've made beach days simple:**

- Beach towels (downstairs bathroom)
- Beach chairs & Cool Cabana (garage)
- Picnic basket (on top of fridge)

From morning swims to sunset strolls, Cooinda makes it effortless to enjoy the coast. It's why many guests describe it as one of the most award-winning East Coast Tasmania luxury stays.

### **In-House Massage**

Transform your living room into a spa. Emma from Freycinet Massage offers in-house treatments including relaxation, remedial, and deep tissue massage.

#### **Freycinet Massage**

- Distance: ~30 km / 25 min drive away (but travels to Cooinda)
- Phone: 0419 377 991
- Website: [freycinetmassage.com.au](http://freycinetmassage.com.au)

Tip: Book before arrival — demand is high.

### **Yoga on the Deck**

Start your day with yoga on Cooinda's deck, complete with panoramic views over Waubs Bay.

- Yoga mats provided (garage)
- Sessions available for groups of 2+
- Guided by Emma from Freycinet Massage (0419 377 991)

It's a grounding way to start your wellness weekend in Tasmania.

### **In-House Facials**

Pamper yourself with facials and skincare treatments from Lel at **Firefly Skin Sanctuary**. Lel visits Cooinda for groups of 3+, or welcomes individuals at her serene space nearby.

#### **Firefly Skin Sanctuary**

- Address: 55 Burgess Street, Bicheno TAS 7215

- Distance: ~1.2 km (12 min walk / 2 min drive)
- Phone: **0458 287 678**
- Website: Firefly Skin Sanctuary

### **Booking Tip**

Please mention in your Coinda booking if you're interested in massage, yoga, or facials, or contact providers directly before you arrive to secure your time.

- Massage & Yoga: Emma – 0419 377 991
- Facials: Lel – 0458 287 678

These services are very popular on Tasmania's East Coast and book out quickly.

### **Coinda Amenities**

Coinda is more than just private sauna accommodation — it's a thoughtfully designed holiday home with modern comforts and coastal charm:

- Private sauna (exclusive to guests)
- Spacious living area and living room with panoramic views of Waubs Bay
- Wood fire inside for cosy nights
- Fire pit outdoors for starry evenings
- Fully equipped kitchen with everything you need for self-catering
- Smart TV in the living area for relaxed nights in
- Bedrooms with king- and queen-sized beds
- Amenities including beach towels, cabana, picnic basket, yoga mats
- Direct access to Waubs Bay, giving the feel of your own private beach

Together, these touches make Coinda a standout among holiday homes with saunas in Tasmania and one of the top luxury accommodation Bicheno choices.

### **Nearby Wellness & Nature Experiences**

Your stay at Coinda also places you close to some of Tasmania's most spectacular sights and activities:

- **Freycinet National Park** (40 min drive) — Wineglass Bay and the Hazards.
- **Maria Island National Park** (ferry from Orford) — history, wildlife, hikes.
- **Bay of Fires, St Helens** (1 hr north) — turquoise water and orange-lichen boulders.
- **East Coast Natureworld** (7 min drive) — meet **Tasmanian devils**.
- **North East Tasmania mountain bike trails** — world-class adventures for active travellers.

Pair your wellness stay with day trips to these national parks and natural wonders, and you'll see why the East Coast is one of Tasmania's most award-winning road trips.

### **Why Choose Coinda?**

Among the many holiday homes in Tasmania, Coinda stands out for its:

- Private sauna with optional cold plunging in Waubs Bay
- Beachfront retreat with sauna, wood fire, and fire pit
- Living areas with panoramic views and Smart TV for cosy nights
- Fully equipped kitchen and sized beds for comfort
- Access to in-house massage, facials, and yoga
- Proximity to national parks, wine trails, and nature experiences

**It's the perfect choice for:**

- **Couples** — a romantic getaway with a sauna and beach walks
- **Groups** — spa weekends with facials, massages, and evenings around the **fire pit**
- **Families** — space, comfort, and easy beach access

This combination makes Cooinda one of the most sought-after East Coast Tasmania luxury stays.

### **Book Your Stay**

#### **Cooinda on the Beach**

16 Chadwin Avenue, Bicheno, TAS 7215

Your perfect luxury accommodation in Bicheno awaits. Enjoy the best luxury stay in East Coast Tasmania.

Relax in a private sauna by the beach. Cook in a fully equipped kitchen. Unwind in your beautifully designed living room.

If you are looking for a wellness retreat in Tasmania, Cooinda is a great choice. It is also perfect for a romantic getaway with a sauna. You can enjoy time in nature there as well.

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